

Spring is in the air at Windamere Park

Welcome to our Spring Edition of The Windamere Park Newsletter

Spring has sprung at Windamere Park and as the seasons change, so have the activities on the farm with a renewed focus on outdoor pursuits and enjoying all the open space our farm has to offer. As the weather has become warmer, new life has been breathed into the many flowers and plants that abound on the property while the cycle of life has shown itself through the birth of baby goslings and chicks.

This theme is continued in the activities we have been enjoying since the start of the month including taking on the responsibility of supporting our wider community through donations to animal support organisations and ensuring we look after our precious environment through our recycling efforts.

With the change of seasons, there is also more access around the farm and more opportunities for bike riding and trailer rides. As part of this, we have been learning about the road rules and how to keep ourselves and others safe. Our thanks go to the great team at the SAPOL Road Safety Centre.

We have also been able to set up 'WindaMART' – our first foray into selling our wares including art and craft and food stalls that enable the showcasing of some of the wonderful work completed through our programs. Our thanks to those families and caregivers that supported this cause.

The camps continue to gather momentum with the latest one taking on a special focus designed specifically to involve the ladies who may be interested in spending a bit of time together and creating some special relationships. Great fun was had by all who attended!

Watch this space as the end of the year approaches with Windamere Park set to ramp up our marketing through our presence at two major Expos and via the rejuvenation of our website. We have already seen a number of new people interested in joining Windamere and we expect this to increase even further as the word gets out.

We would like to thank you all for your continued support. Without you, there is no Windamere Park!

Until next time, enjoy the spring sunshine.

CAMP WINDAMERE FOCUSES IN ON GIRL POWER

At Windamere Park we give all our participants the opportunity to join in all activities, including the recently started camps.

On the 6th-7th of September four of our Windamere Park ladies joined two of our female staff members for our very first ladies camp. Whilst the weather may not have been on our side, we made the most of it by having a campfire cook out in the kitchen, where everyone was able to enjoy some homemade burgers.

With our bellies full, and the camp cabins setup, we were lucky enough to have a break in the weather. Perfect timing to light a campfire and make our own s'mores. So much sticky mess and laughter. A perfect end to a great night.

With the geese continuing their traditional wake up call, we cooked up a storm of bacon, eggs, sautéed mushrooms and BBQ toasted buns.

To finish up our fantastic camp, we explored the farm to find items from nature, then created beautiful bush craft to decorate the camp cabins with.



Our Camps are so good, we're having more.... with fishing, swimming,



beach time & a huge water slide....

1 or 2 night Camps

1st, 2nd & 3rd November 2019

7th, 8th & 9th January 2020

14th, 15th & 16th January 2020

Please contact our office on 8380 9303 or email Kieran,
kieran@windamere.com.au for full details.



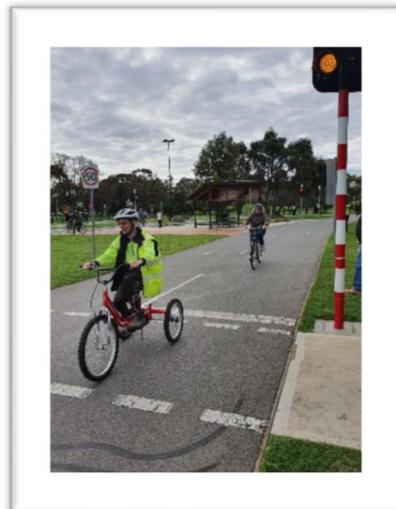
SOUTH AUSTRALIA POLICE
KEEPING SA SAFE

SAPOL Road Safety Centre

On the 31st of July, a group of 25 participants spent the day at the SAPOL Road Safety Centre.

We learnt how to safely ride a bike around a roundabout, understanding road signs and how to make safe choices when being a pedestrian. We were extremely proud of everyone's listening skills as the policemen taught us the road rules.

Then the fun started, we put our learning in action! Everyone was fitted with a bike and helmet and had a lot of fun riding bikes on a mock roadway. We look forward to visiting the SAPOL Road Safety Centre again in the near future!



Reduce, Reuse, Recycle...



The recycling program has been running for a couple of weeks now at Windamere Park.

Many of the participants have enjoyed setting up bins in the different areas for cans and bottles, soft plastics and composting.

Windamere Park is aiming to reduce the number of red bins required by the farm, as well as collect extra funds for the vegetable garden using the recycled 10c cans and bottles.

Over the coming months, the composting that has been completed will be used to help fertilise our gardens, and as a result new food gathering, and cooking programs will be able to take place, offering a farm to plate experience for our participants.

Here is a photo of the recycling participants donating our softs plastics to REDcycle, a company that turns scrunchy plastics into furniture for schools.

Pop Up Shop - WindaMART

Thank you to all families and friends for your support with the Grand Opening of WindaMART!

On the 23rd of August, participants worked together to sell a range of DIY homewares and homemade treats.

It was a fantastic afternoon where the positive vibe brought all the participants and staff together!



On Friday the 1st November, WindaMART will reopen for a Halloween-themed celebration!

It is going to be bigger and better than the Grand Opening, with two groups working together to create spooky treats, scary sideshows and handmade knickknacks.

More information will be shared via Seesaw closer to the date.



Connecting in our Community



PAWS & CLAWS
ADOPTIONS

On Tuesdays and Fridays, participants work as a team to create a range of dog and cat toys and treats. Some things we have made so far are peanut butter and bacon dog treats, DIY bottle crunch dog toys and DIY sock fish cat toys. At the end of the program, everyone is excited about donating our creations to Paws and Claws Adoptions. Paws and Claws Adoptions are a non-profit, volunteer-based organisation, that find safe, loving homes for homeless dogs and cats. We are very proud to support this fantastic organisation and look forward to donating a little love from Windamere Park to the wider community.



Expos



We are very excited to announce that Windamere Park will showcase our services at the Kids and Youth Disability Expo and the Disability, Ageing and Lifestyle Expo. Both Expos will incorporate some of Australia's most innovative products and services available for individuals living with a disability. They also allow individual, families and carers to make informed choices about the equipment, therapies, and treatments available to them so they can maximise their NDIS funding. We invite you to attend one or both Expos. Don't forget to come and say "Hi" to the Windamere Park booth.

KYD-X is held at the Priceline Stadium on Saturday, 12th October

Disability, Ageing and Lifestyle Expo is held at the Adelaide Showgrounds on
Thursday, 17th October

The Friends of Windamere Inc



I would like to thank everyone who purchased People's Choice Credit Union Lottery tickets online.

Although our target was low, we managed to surpass it with funds being set aside for future activities.

Thanks once again.

Jeff Coley (Treasurer, The Friends of Windamere Inc.)

Borrowed Clothing Process



Due to the large amount of borrowed clothing at Windamere Park we have decided to implement the following process.

If a participant requires a change of pants or shirt throughout the day and this has not been supplied, we will use our items. All items need to be washed and returned within 2 business day. If this is not adhered to, the participant will be billed at \$20- per item. If you have any queries, please contact this office.

Christmas Closure Dates

Windamere Park will be closed for Participant Day Options from Friday the 20th December 2019 at 3pm and will re-open Monday the 20th January 2020 at 10.00am.

