

# WINTER AT WINDAMERE PARK



Welcome to our Winter edition of the Windamere Park Newsletter.

As the seasons change, so it is with life on the farm as the birdlife, animals and other resident creatures turn their attention to wintry pursuits and so do we with a whole new set of programs and activities aimed at taking advantage of the cooler weather.

This includes our first foray into 'Camp Windamere' camping experiences held here on the property where we are uniquely positioned to provide a safe but exciting opportunity for participants to enjoy the outdoors and get involved in a wide range of activities including fishing, rafting, cooking and bushcraft while also building a sense of comradery and mateship amongst those attending. So far, the feedback has been fantastic so watch this space as we look to expand our camp offerings later this year.

As Term 3 of the school year starts, we look forward to working closely with several special schools and disability units across Adelaide as young people transition out of the educational system and into their next phase of life. We also expect to be supporting a number of new older participants who are keen to be a part of what we have to offer here.

Upgrades continue to take place around the Park with renovations being made to our short-term accommodation to enable greater numbers of people to stay while paths and fences go up to enable better access and easier movement from one place to another.

Bigger things are also ahead with Directors Ted and Diana de Lyster recently meeting with Premier Steven Marshall to discuss Windamere Park's strategic plans and future directions. This planning will allow for an even greater expansion of Windamere Park's current services and increase the park's offerings in the not-too-distant future.

# CAMP WINDAMERE - WE HAVE LIFT OFF!

## It's History in the Making....

**Camp Getaway..**

**Independent Living Skills**

On the 31<sup>st</sup> May, 8 Participants and 4 Staff gathered for the 1<sup>st</sup> Camp at Windamere Park. Once unpacked and sleeping arrangements sorted it was time to gather for a cuppa around the fire. We then split into two groups, one to build shelters by twilight and the other to get started on home made pizza for dinner – cooked over the fire.

After a big dinner and followed by some night animal spotting, we lit the biggest bonfire in the front paddock, turned up the music and finished the night with singing and scary stories.

We were awoken early in the morning by the resident geese, ate a big breakfast of bacon and eggs and then it was off to St Kilda to catch some fish to cook over the fire.

Although, no fish were caught, marshmallows were second best.



**Memorable moments were had, and bonds were formed....**



## Camp Breakaway Vocational Group

Our second camp, and first Vocational Camp took place from the 27<sup>th</sup> to 29<sup>th</sup> June and provided a fantastic opportunity for our participants to build on and utilise many of the skills they have been developing at Windamere Park.

Our first night was enjoyed by all with smiles all round. A camp fire was lit, and the upcoming raft challenge was put in motion. Teams were decided, and ideas and designs were discussed with hopes of victory.

Burgers were made over the camp fire for dinner, then off for some night time hiking. Although it had been a big day, the campers continued to chat late into the night about what the next day would bring.

Out of bed early for a morning cuppa, followed by bacon and eggs, then off to the woodshed for raft building.

As the day was getting late, with the clouds of the cool change rolling in, a vote was taken to run the challenge now. So, off to the wetlands we headed.

And let the challenge begin...

We had to remain on our raft the longest. 10 minutes in and one team was in the water, next the Staff raft went down, which left only one raft floating, and a winner declared!

Next day, pancakes were had for breakfast, followed by a group clean up. Then we all headed home before the rain came down.

## Want to get involved in our next Camp?

We are planning our next Getaway Camp at Windamere Park to be held from Friday the 30<sup>th</sup> August to Saturday the 31<sup>st</sup> August.

This new adventure will focus on building independent living skills and provide campers with a whole new perspective of Windamere Park.

Campers will get to enjoy cooking over the campfire, a night hike to spot animals, shelter building, and hot cocoa and s'mores for supper.

Please contact Kieran on 8380 9303 for information or to register your interest.

Places fill up quickly, therefore we operate on a first come, first in basis.

# ***Renovations, upgrades and new additions... It's all happening!***

To accommodate increased requests for Overnight Stays, renovations to the Homestead to incorporate another bedroom and private entrance are underway.



Windamere Park is ever evolving, it's a work in progress. We're always up for the challenge of what and how we can do better for all our participants to suit their wants and needs.

Our upgraded path from the Homestead to the Church, thanks to our awesome participants and staff.

Not to mention our amazing camp site, with fire pit and huts...



# Out & About

## We've been out and about exploring the wider community.

As part of our Day Options Programme, the buses have been hitting the road on a daily basis, participants eager to see new places, and engage in group experiences.

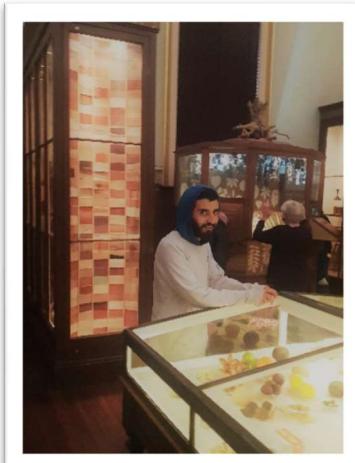
Maggie Beer's Farm, Melba's Chocolates, Barossa Museum Tanunda,

Strawberry Picking, St Kilda Playground, Central Market,

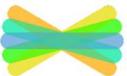
ANZAC City Trail, Barossa Goldfields, Garden Island, Bethany Park,

Cat Petting Café, just to name a few.

So, check out the pics, they're worth a thousand words...



# Important Information

 This year, Windamere Park has introduced a new communication app called Seesaw. This app allows us to share regular photos, updates and information to families and caregivers. Seesaw is an efficient communication tool because all Windamere Senior Staff are connected to it. Each participant can have up to 10 individuals connected to their profile, so we happily welcome family members, accommodations support and other support services to connect!

Please Sign Up Now

1. Type this link: <https://app.seesaw.me/s/816-687-969>
2. Choose your child/participant from the list
3. Create your account
4. Once we approve your request, you can then view messages and see photos



We are very excited to announce that Windamere Park will showcase at the Kids and Youth Disability Expo.

The Expo displays some of Australia's most innovative products and services available for young people living with a disability. It also allows individual, families and carers to make informed choices about the equipment, therapies, and treatments available to them to maximise the impact of their NDIS funding. KYD-X is held at the Priceline Stadium on Saturday, 12<sup>th</sup> October.

We look forward to seeing you there!



We are collecting Coles Mini Shop Items to use in our own mini shop, so if have any spares, please send them in.



Registered NDIS Provider

As you may be aware, the National Disability Insurance Scheme (NDIS) Price Guide is updated on **1 July** each year. As a result, we have undertaken an internal review and will be applying all relevant price changes to our services effective from this date. We have been advised from the National Disability Insurance Agency (NDIA) that from **1 July 2019** funding for all NDIS participants with existing plans will be adjusted to align with these price changes.

All new service prices will be published on our website in the coming months but if you would like more information about how these price changes affect you personally, please let us know and we'll provide you with an individualised update specific to your circumstances. A letter outlining these and other changes is currently being sent to all families and caregivers.



At Windamere Park, we are committed to providing effective complaints management by delivering a transparent and efficient feedback and complaints handling management system. We recognise that having an effective feedback and complaints handling management system provides us with the opportunity to deliver a higher level of services to our participants.

Our complaints management system is based on the principles of procedural fairness and natural justice and complies with the requirements under the National Disability Insurance Scheme (Complaints Management and Resolution) Rules 2018. These Rules require that all NDIS providers implement and maintain a Complaint management and resolution system, which is accessible, fair and responsive.

So, as part of our process to improve the overall experience for our participants at Windamere Park we are seeking your feedback for our Annual Strategic Meeting.

This can be sent via email to [admin@windamerepark.com.au](mailto:admin@windamerepark.com.au), via our website or by phone on 8380 9303.



*We understand that at times things just don't go to plan. If for any reason a participant can not attend Windamere Park, please make sure to contact us.*

*We require 48 hours notification of absences. Where this notice is not given 90% of the scheduled fee will be payable.*

# people's choice

## COMMUNITY LOTTERY

THE FRIENDS OF WINDAMERE INC

### 2019 People's Choice Community Lottery

**Win great prizes!**

**people's choice**  
COMMUNITY LOTTERY  
**Buy your tickets now!**

Buy your tickets by 30 August 2019 to enter. Terms & conditions apply. Visit [communitylottery.com.au](http://communitylottery.com.au) SA Lottery Licence No. M13649, Vic Permit No. 1015.2/19 Declared Organisation No. 58545, ACT Permit No. R19/00259.

Once again Windamere is taking part in the 2019 People's Choice Community Lottery and we please ask you to participate by going to the following link to donate online.

[www.communitylottery.com.au](http://www.communitylottery.com.au)

- then
1. Click - Purchase Tickets
  2. In Group Name type - The Friends of Windamere Inc.
  3. Click - get your tickets
  4. Click - Buy tickets.

It is a very simple process and we ask you to just take a very few minutes of your time to assist us.

Can we also ask you to share this link with your family and friends for us to reach our target? All donations will be used towards the new Camping facilities for the participants of Windamere Park.

We will not be selling paper tickets this year.

Key dates are listed below and confirmed.

Last day to purchase tickets: 30<sup>th</sup> August

Draw: 9<sup>th</sup> October

A full list of over 100 prizes is available on-line.

**GOOD LUCK EVERYONE.**