



## *New and exciting programs, a huge success*

### **Windamere's Extended programs for our NDIS- driven Participants**

Over the past number of months Windamere has had a flurry of building activities occurring at the Park to extend its ability to expand its program offerings by creating more facilities on-site. These were based on initiatives requested by both parents and stakeholders to achieve participants' goals. This is reflected in the numerous **NDIS Life Plans'** Core and capacity building programs which Windamere has been asked to provide.



New additions include a large, fully equipped **Woodwork Centre** and a **Bike & Walk Club** with over 15 bikes, trikes and a real-life rickshaw i.e. one that is capable of seating 3 participants at one time.

Windamere has also built a **Special Intervention Centre** to accommodate those participants requiring the extras they have requested in their Life Plan e.g. additional training to achieve greater independence, specific skills to better function during the day and mastery of some of those social interactive activities participants can/should benefit from in their daily life.



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## The New Facilities will function and provide the following:

**The Bike & Walking Club** is situated among the huge gum trees along the banks of the River Gawler and consists of a shed with veranda to park the bikes, tricycles and rickshaw ready for our participants' perusal. The shed allows maintenance to occur by those participants training to increase their vocational skills. It stores the tools used to repair and maintain the bikes, fix flat tyres and adjust seat heights, etc. It has a workbench as well as spare parts.

It has been a most pleasant surprise for staff to see the numbers of participants able to ride bikes and, as importantly, willing to learn how to ride. This program will be extended to incorporate road-signs recognition while using our internal roads at the Park and other forms of transport-training for those in need.



**The Special Intervention Centre** consist of a large shelter with tables and chairs, a table tennis table, a music wall, a large scribble board so one can express himself in pictures and prose, as well as a punching bag to get rid of any frustrations and/or anger that might manifest itself during the day. And if that is not enough a stationary training bike can further assist.

Various other items and equipment for leisure activities as well as sports gear are available to be used for programmed activities. This centre is proving itself most advantageous in an educational context as well as occupationally healthy and safe. It allows Windamere's intervention management programs to be applied in a 1:1, 1:2 or 1:3 staff to participants ratios; all in a unique parkland type of environment which has established itself as significantly contributing to the success of this particular program.



## The Woodwork Centre

The establishment of the Woodwork Centre has allowed Windamere to interactively present many and varied activities to all participating persons attending and participating in our programs. A large extended undercover shelter shed with cemented floor is utilised by our participants to collect firewood which is cut and bundled for use as well as larger pieces to be worked on and converted into cutting boards, coasters, bowls, etc. Various groups irrespective of levels of functionality and mobility can use the facility to assist with the various stages of production of other wood products, ranging from collecting and gathering woods, to sawing, sanding and oiling the finished products. The shed is fully fenced off and gated.





In June 2018 Windamere's most ambitious plan will be accomplished with the opening of a 20-persons' short-term accommodation facility, aptly named **Camp Windamere**. This will allow those participants seeking supported and/or independent accommodation forms in the medium to longer-term future to gain the valuable and indispensable experiences while in a familiar and supported environment. This is essential and required to be able to make this step less stressful and uncomfortable for all parties concerned.



**Above:** Easter Crafts  
**Right:** Mother's Day crafts



## Community Access

Community Access outings for the last program included: Going out for Lunch and Aqua-Culture.

Participants visited different venues for lunch and enjoyed a range of food including BBQ's, Pizza, Picnic Food in the park.

Many sports were played whilst out, including soccer, basketball, football and lots of walking.

This current program includes Picnic Games and Sports and Bowling.



The participants enjoying a BBQ and disco at the Church Hall.

## EGGS

We still have a few chickens left but we need to buy new ones. The Goss Hawks and old age have depleted our chickens.

Consequently eggs are in very short supply.



## BBQ and Disco

The participants enjoying a BBQ after the disco at the Church Hall.

The many new musical instruments are also a huge success.

This is thanks to Jeff Coley who tirelessly, every Wednesday, sources items which Windamere can use such as tables and chairs, the Air Hockey Table and Foosball Table and the many musical instruments.



## P'Petual Farm

We would like to thank P'Petual Farm located at Buckland Park, for their continued generosity, in supplying the farm with a variety of produce including tomatoes, mini cucumbers and egg plants. We are sending different groups of participants to P'Petual Farm to collect feed for the animals. This allows everyone the experience of collecting and distributing the produce to all the animals on the farm. Some of the fresh produce can also be used for our cooking programs. We are extremely grateful for this opportunity.

For more information about P'Petual Farm, please visit their website at [www.ppetual.com.au](http://www.ppetual.com.au)





**Above and Below:**  
*Respite Outings on weekends. Usually having lunch out somewhere.*  
**Left:** T-shirt Painting and Decorating



## Camp Windamere

Even though Windamere management and its staff have been most satisfied with the described facilities, initiatives and the benefits they have brought to our participants, everyone associated with Windamere's progress is excited about the Camp Windamere short-term accommodation facilities that have been erected near the Church and can cater for 4 persons, each in 5 separate units totaling 20 persons including staff, for overnight short-term accommodation while participating in educational programs.

Each of the 5 units can comfort up to 3 'Campers', has one separate bedroom for staff, a bathroom with toilet and hand basin, dual air-conditioning, internal and external lighting with surroundings that have been/will be landscaped according to WH&S standards. Their proximity to the Church with its multitude of facilities including a fully-equipped and functional training kitchen, will enable evening and morning activities to be utilised thus encouraging capacity building to achieve the core requirements as per our participants' NDIS Life Plan.

Camp Windamere will be ready to receive participants from June/July 2018 onwards and will cater upon request for those in need e.g. transitional and other students from the various high schools, annexes and special units, as well as for our established clientele. Available accommodation at Windamere will be for 20 participants and they will be catered for on weekdays and nights; either for 3 or 4 day/night camps.

Enquiries are to be directed to:  
**Camp Windamere - Mr. Sunny Kahlon on 0402 790 014**



# *The Friends of Windamere Incorporated*

“The Friends of Windamere Inc” will again be conducting a few fundraising events over the next three months and would appreciate everyone who can, to kindly participate in them.

## **1. The People’s Choice Credit Union Lottery.**

To help kick-start our online ticket sales, Community Lottery tickets will be available exclusively online until 30 April 2018, and all tickets will go into the early bird prize draw in addition to entry into the final prize draw. This year's online-exclusive early bird prize is a Toyota Yaris Ascent 1.3L Petrol Auto 5 Door Hatch valued at \$20,206 supplied by our Platinum Lottery Partner, CMI Toyota. The Early Bird Prize will be drawn on Tuesday 15 May 2018. You can check out the full listing of 100 fabulous prizes on our website at [www.communitylottery.com.au](http://www.communitylottery.com.au)

To access “The Friends of Windamere Inc” personalised fundraising page, here is our unique link:

[www.peopleschoicecu.com.au/the-friends-of-windamere-inc/](http://www.peopleschoicecu.com.au/the-friends-of-windamere-inc/)

**Please pass this on to all your friends so that they can purchase tickets on-line** Windamere will receive \$2-00 for every ticket sold and all monies raised will be channeled into the newly created Camp Site

Of course, paper lottery tickets will still be issued from 1 May 2018 and both online and paper tickets will be on sale until 31 August 2018, with the final prize draw on 9 October 2018. Contact Windamere Office if you would like books of paper tickets to sell.

## **2. Mid year raffle -**

\$2-00 per ticket with a large assortment of prizes.

Keep an eye out for the tickets or alternately contact the Office for books of 10 tickets to sell.

All efforts to sell tickets would be appreciated.

Many thanks to all Parents and Carers who have donated goods, bikes, woodworking tools, and wood for craft projects etc. for use by the participants at the farm.

